

**Adam - L'université d'Aix-Marseille, France**  
**(2017/18)**



My experience abroad has been absolutely life changing! Being thrown in at the deep end and living in another country has made me become a much more confident person, just through navigating my way around on my own and sorting out accommodation etc. The biggest difference for me living in France to being in York is the way things are organised (York certainly is much better organised!) but this has taught me to take more responsibility for myself and always assure that I am fully organised.

The main piece of advice I would give to students considering a study abroad experience - JUST DO IT!

There were times when I absolutely hated France and just wanted to go home, but overall it has been the most amazing experience of my life; it has helped me grow as a person, I have met some of the most amazing people you could ever wish to meet and have made memories that I will carry with me for the rest of my life. Thank you CGP for making it possible!

